

Christian City, Inc.

2023 Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 4-year grant are to:

Goal 1: Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based chronic disease self-management education (CDSME) and self-management support programs to empower them to better manage their chronic conditions.

Goal 2: Identify and implement one or more robust strategies that will promote the sustainability of evidence-based self-management education and self-management support programs.

Strategies and Activities

The grantee and its partners will:

- Engage older adults, adults with disabilities, low income older adults, and African American older adults across 12 counties in the metro Atlanta area.
- Implement evidence-based programs on the Christian City campus and through local partners.
- Develop and launch marketing tools including print materials and advertisements in local newspapers.

Proposed Interventions

- Geri-Fit (in-person and remote)
- Enhance Wellness (in-person and remote)
- Chronic Disease Self-Management Program (CDSMP) (in-person and remote)

Prevention and Public Health Fund 2023, effective May 1, 2023



Partnerships

To achieve the goals of the grant, grantee will collaborate with the following key partners:

- YMCA of Metro Atlanta
- National Church Residences
- Legacy Link Area Agency on Aging
- Pruitt Health

Anticipated Results

The grantee and its partners propose to achieve the following results:

- Engage 970 participants across all programs over the four-year period.
- Foster partnerships with four new organizations to expand program marketing and implementation.
- Based on pre- and post-program surveys, at least 85% of program completers will report an enhanced sense of well-being.
- Achieve improved health outcomes in a least 75% of program completers.

Contact:

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For more information:

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