

OKLAHOMA CHRONIC DISEASE SELF-MANAGEMENT EDUCATION



Goals, Strategies, and Activities

The overall purpose of this cooperative agreement is to increase access to evidence-based chronic disease self-management programs for older adults and adults with disabilities. OK will work with various organizations to provide CDSME programs to older adults and individuals with disabilities throughout the state.

Partnerships

The Department of Human Services has developed and maintained numerous public-private partnerships to reach older and/or disabled adults, with special attention to Native Americans and Hispanic populations and individuals in prisoner re-entry programs. Partners include Department of Corrections, Native American tribes, county health departments, AAAs, faith-based organizations, and community organizations.

Key Components

The CDSME workshops will be integrated into Oklahoma's medical, public health, aging, and disability networks. In addition, an integrated, sustainable service system will be developed to provide access to CDSME programs.

Anticipated Results

- OK expects to have 1,224 older and/or disabled adults complete the workshops within three years.
- In addition to the Diabetes Self-Management Program, the Chronic Disease Self-Management Program will be offered in English and Spanish.

Acronyms

AAA – Area Agency on Aging
CDSME – Chronic Disease Self-Management Education
OK – Oklahoma

Contact

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For more information about ACL

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