

# GEORGIA CHRONIC DISEASE SELF-MANAGEMENT EDUCATION



## Goals, Strategies, and Activities

The overall purpose of this cooperative agreement is to increase access to evidence-based chronic disease self-management education programs for older adults and adults with disabilities. The Georgia Department of Human Services Division of Aging Services, in partnership with the Georgia Department of Public Health, has set the following objectives: (a) AAAs will complete the process to receive Medicare reimbursement for DSMT services; (b) convene semi-annual statewide Work Sessions of partners to improve the delivery system and identify strategies to enhance sustainability; and (c) increase the number of partnerships and activities that support an integrated and sustainable service system for the delivery of CDSME programs with a focus on partnerships with the health care network.

## Partnerships

DAS and DPH will partner with organizations such as Area Agencies on Aging, Department of Community Health, Department of Rural Health, Georgia Medical Care Foundation, Georgia Hospital Association, Centers for Independent Living, Parish Nurse Association, American Diabetes Association, American Kidney Foundation, and Alzheimer's Association.

## Key Components

Georgia will offer the Chronic Disease Self-Management Program, Tomando Control de su Salud, Diabetes Self-Management Program, Positive Self-Management Program for HIV, and Better Choices, Better Health (online CDSMP). Targeted populations include older adults with diabetes, older

## Acronyms

AAAs – Area Agencies on Aging  
ADRC – Aging and Disability Resource Center  
CDSME – Chronic Disease Self-Management Education  
DAS – Division of Aging Services  
DPH – Department of Public Health  
DSMT – Diabetes Self-Management Training

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adults who are HIV positive, people in Georgia's prison system, persons with disabilities, and people with limited English proficiency.

DAS and DPH will utilize semi-annual Work Sessions to develop, prioritize, and evaluate strategies as well as to leverage partnerships that promote the infusion of CDSME programs into the health and long-term services and supports systems. Work Session participants will include key DAS and DPH staff, AAA Directors and Wellness Coordinators, Public Health District leadership, and critical statewide partners.

### **Anticipated Results**

- Georgia intends to reach 2,170 CDSME completers (those who attend at least four of the six workshop sessions) over a three-year span.
- ADRC staff will work with Centers for Independent Living to promote CDSME programs among their clients and among Money Follows the Person transitions clients, particularly persons having or at risk of having sentinel events.
- This initiative will leverage existing and planned Care Transitions programs to further support CDSME programs within the Long Term Supports and Services system.

### **For more information about ACL**

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