

Health Foundation of South Florida

Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of this two-year grant are to:

- Significantly increase the number of participants in evidence-based self-management education and support programs; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

The Health Foundation of South Florida (HFSF) and its partners will:

- Engage sustainability partners;
- Develop a comprehensive service delivery network of community health workers trained in evidence-based chronic disease self-management education (CDSME);
- Educate health professionals, patients, policy makers, and the public about the benefits and availability of CDSME; and
- Create a toolkit for a decentralized system of fidelity monitoring.

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP) in English and Haitian Creole
- Tomando Control de su Salud (Spanish version of CDSMP)
- Diabetes Self-Management Program (DSMP)
- Programa de Manejo Personal de la Diabetes (Spanish version of DSMP)
- Cancer: Thriving and Surviving
- Chronic Pain Self-Management Program (CPSMP)
- EnhanceWellness
- Program to Encourage Active, Rewarding Lives for Seniors (PEARLS)

Partnerships

To achieve the goals of the grant, HFSF will collaborate with the following key partners:

- Evidence-Based Leadership Council
- University of Washington Health Promotion Research Center
- Senior Services
- Area Agencies on Aging
- Aging and Disability Resource Centers
- Centers for Independent Living



- WellMed, Preferred Care Partners, United Health Care, Humana, and Florida Blue Health Plans

Anticipated Results

The HFSF and its partners propose to achieve the following results:

- Engage 5,000 CDSME workshop participants, with 3,800 completers;
- Expand statewide coverage of CDSME from 28 to 55 counties;
- Establish a CDSME hub in counties with a minimum of 5,000 Medicare beneficiaries;
- Facilitate Medicare coverage of at least 80% of self-management education programs;
- Attain American Association of Diabetes Educators certification and Centers for Medicare and Medicaid Services recognition for Diabetes Self-Management Training;

- Establish at least four contracts with health plans;
- Encourage Area Accountable Care Organizations to refer patients to CDSME programs; and
- Promote self-management education as an essential component of quality comprehensive care through three statewide patient education networks.

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For more information:

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